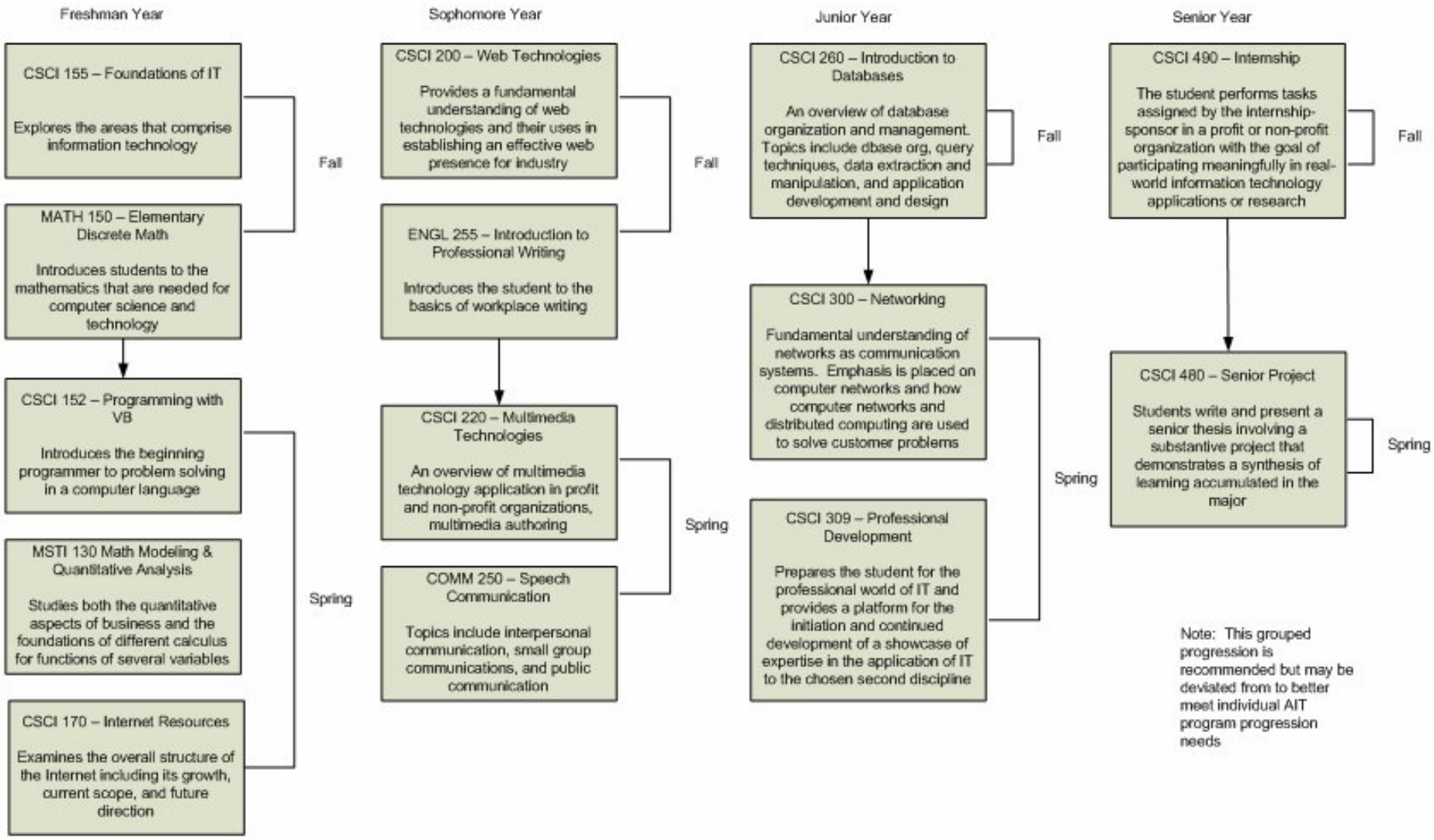AIT Foundation Courses Grouped Progression